

How do I register for the Aloha Kidney Sept-Oct 2021 education series?

- Click on the link to register for the series: <u>https://www.alohakidney.com/enroll-in-current-series.html</u>
- Fill out your full legal name and preferred email address. Be sure you have access to the email address you provide. The links for education series will be sent to that email each week.
- In the 'Health Insurer(s)' section check 'Other' and type in 'StayWell Insurance Guam'. This will help us to verify your participation in the series.
- Type in the Zip code you use for your mail.
- Be sure to select 'Send me a copy of my responses' at the bottom of the page BEFORE you click 'Submit'.
- Download and save the confirmation email that is sent to you. EnjoyLife Reward members will be asked to provide a copy of their enrollment confirmation email.

How do I access each session?

- Members will be sent a link each week to access the session for that week. Attachments and handouts will also be provided for each session.
- The link and attachments will be sent to the email address provided at the time of enrollment. There are 6 sessions total that will take place over a 6-week period (1 session per week).
- Members will also have the option to attend the weekly live Q&A Zoom sessions, schedule will be provided in the weekly emails.

Is there a fee to attend this series?

• No. There are no fees. This series is free and open to anyone interested in learning more about their body and kidney health.

Who is hosting this series?

• Dr. Ramona Wong, a retired kidney specialist, will be hosting this series. Dr. Wong and her colleagues at Aloha Kidney are based in Hawaii and they work together to offer kidney disease education and chronic kidney disease (CKD) navigation.

Who should enroll in this series?

- Anyone interested in learning more about their body and kidney health. Especially those with CKD or excess urine protein
- Anyone at risk for CKD due to obesity, diabetes, high blood pressure, prior heart attack, stroke, PAD, prior acute kidney injury, stones, family with CKD, etc.

Aloha Kidney Virtual Enrollment Form Sample:

Sept 12- Oct 23, 2021 series enrollment form

Please submit one form for EACH person that will be viewing any class in this series. Each Sunday during the series, a link to the recording of the class of the week will be sent to the email address you provide on the form. Each Saturday during the series, a live Zoom Q/A session will be held from 10 - 11am.

* Required





