

NEWSTART

NUTRITION • EXERCISE • WATER • SUNSHINE • TEMPERANCE • AIR • REST • TRUST IN GOD

ARE YOU LIVING WITH

- Diabetes
- Prediabetes
- High blood pressure
- High cholesterol
- Excess weight
- Gout
- Kidney failure

Would you like to learn how to become healthier with the possibility to reduce your medications through lifestyle changes?

The NEWSTART program can help. Come join us and discover a **NEW** you!

We strongly recommend enrollment in Detox and Advanced Detox program while you're in this program.



\$262.50 copay
\$137.50 for first timer

Register by **May 15, 2024**
May 27 to June 6, 2024



1st cash prize: \$200
2nd cash prize: \$100
3rd cash prize: \$50