

ADVANCED NEWSTART



EDUCATIONAL LIFESTYLE MEDICINE PROGRAM
TO ADDRESS LIFESTYLE CHRONIC DISEASES

HAVE YOU BEEN WANTING TO:

- ✓ Make positive lifestyle changes
- ✓ Overcome a certain addiction-related to food, media, etc.
- ✓ Achieve optimal health habits

YOU DON'T WANT TO MISS OUT!

▶ To get access to meals, join our 7-day Advanced Shape Up or 7-day Advanced Detox programs.

COME JOIN US & DISCOVER A **NEW YOU** IN JUST WEEKS!



\$275.63 copay
\$200.63 for first timer

Register by Oct 2, 2024
October 4 to 10, 2024

*Your Health
is Our Mission.*

