

# ADVANCED NEWSTART



EDUCATIONAL LIFESTYLE MEDICINE PROGRAM  
TO ADDRESS LIFESTYLE CHRONIC DISEASES

## HAVE YOU BEEN WANTING TO:

- ✓ Make positive lifestyle changes
- ✓ Overcome a certain addiction-related to food, media, etc.
- ✓ Achieve optimal health habits

**YOU DON'T WANT TO MISS OUT!**

► To get access to meals, join our 7-day Advanced Shape Up  
or 7-day Advanced Detox programs.

COME JOIN US & DISCOVER A **NEW YOU** IN JUST WEEKS!



\$262.50 copay  
\$137.50 for first timer

**Register by Jan 22, 2025**  
**January 24 to 30, 2025**

*Your Health  
is Our Mission.*



  
Guam Seventh-day  
Adventist Clinic

Call (671) 648-2521 to Schedule Appointment | [adventistclinic.com](http://adventistclinic.com)