

ADVANCED NEWSTART



LEVEL UP

**EDUCATIONAL LIFESTYLE MEDICINE PROGRAM
TO ADDRESS LIFESTYLE CHRONIC DISEASES**

HAVE YOU BEEN WANTING TO:

- ✓ Make positive lifestyle changes
- ✓ Overcome a certain addiction-related to food, media, etc.
- ✓ Achieve optimal health habits

YOU DON'T WANT TO MISS OUT!

▶ To get access to meals, join our 7-day Advanced Shape Up or 7-day Advanced Detox programs.

COME JOIN US & DISCOVER A **NEW YOU** IN JUST WEEKS!



\$275.63 copay
\$200.63 for first timer

Register by May 13, 2026
May 15 to 21, 2026

*Your Health
is Our Mission.*



Guam Seventh-day
Adventist Clinic

Call (671) 648-2521 to Schedule Appointment | adventistclinic.com