



# ADVANCED NEWSTART

## **ARE YOU LIVING WITH** **Diabetes, Prediabetes, High Blood Pressure** **High Cholesterol, Excess Weight, Gout or Kidney Failure?**

If you have been wanting to make positive lifestyle changes, trying to overcome certain addiction, and wanting to achieve optimal health habits you don't want to miss this program!

The Advanced NEWSTART program can help. Come join us and discover a **NEW** you!

PRE-REQUISITE: Enrollment to NEWSTART program within the last 3 months



\$262.50 copay  
\$137.50 for first timer

**Register by May 15, 2024**  
**May 17 to 23, 2024**

