

Enjoy LIFE

Stay Well. Enjoy Life. Get Fit!

StayWell is pleased to offer free fitness classes and exclusive member discounts at various gyms on island.

STAYWELL FITNESS PARTNERS

GUAM

CROSSFIT LATTE STONE

1807 Army Drive Unit 8 Dededo
Phone: 671.633.2357
crossfitlattestone@gmail.com



CUSTOM FITNESS

185 Dulce Nombre de Maria Drive
Hagåtña
Phone: 671.989.0436



GUAM MUAY THAI

102 University Drive La Isla Arcade
Unit 5 & 6 Mangilao
Phone: 671.487.7718
guammuaythai@gmail.com



INTERNATIONAL SPORTS

CENTER 484 West Soledad
Avenue Hagåtña Phone:
671.477.9885
www.iscguam.com



THE POUND ACADEMY

138 Chalan Katne, Suite 104
Summer Town Estate Dededo
Phone: 671.687.4229
tpaguam@gmail.com



TRIBE GUAM FITNESS

Phone: 671.788.5719
http://tribegu.com
tribe.guam@gmail.com
@tribeguamfitness



URBAN FITNESS STUDIO

1152 E&R Sardea Building
Route 8 Maite, Guam
Phone: 671.969.7308
urbanfitnessguam@gmail.com



SAIPAN

GOLD'S GYM

Garapan Central Park
PO Box 503004 Saipan, MP 96950
Phone: 670.233.4000
info@goldsgymsaipan.com
www.goldsgym.com/saipan/



LATTE BUILT - 24 HR FITNESS

1609 Beach Rd. Chalan Kanoa
Saipan, MP 96950
Phone: 670-235-2265
lattebuilt@gmail.com



For more information contact the
Health Management department
at 477-5091 ext. 1185 or email at
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staywellguam.com



**HEALTH
MANAGEMENT
PROGRAM**

Exclusive to StayWell members!



StayWell
INSURANCE