



Guam Diabetes Resource Guide

Contact	Organization/Address	Phone #	Note
Chronic Disease Education Programs			
Janice Baldonado	GRMC 133 Biradan Anakko 3rd Street, Dededo	645-5688	Weekly for 6 weeks
Lyanne Muna	DPHSS Southern Community Health Clinic	828-7516	
Patrick S. Lucas	DPHSS 123 Chalan Kareta, Mangilao	735-7295	
Diabetes Self-Management Education			
Guam SDA Clinic	Certified through AADE	648-2521	NetCare, Calvo's, Staywell, Aetna & Medicare; 1 Individual appointment & 5 group classes
Keith Horinouchi DrPH, MPH, CNS.	Wellness Clinic 226 Chalan San Antonio, Tamuning, 96913	646-9333	Aetna, Staywell, Netcare, Wellness Care Club for those with no insurance Individual visits only
Janice Baldonado	GRMC 133 Biradan Anakko 3rd Street, Dededo	645-5688	By appointment One to one
Diabetes Prevention Program			
Donabel A Little	TakeCare Insurance Company Inc. Suite 108, 415 Chalan San Antonio, Tamuning, 96913, Guam	646-6956	For Takecare Members only
Certified Diabetes Educators			
Agnes White	Mountain Pacific Quality Health Foundation	788-9821	
Betty Jo Wresch	Guam SDA Clinic	648-6421	
Joy Gonzales	Veterans Clinic	475-5760	
Melliza C. Young	GRMC	645-5688	
Dietitian			
Julieta Vargas RDN, LD	201 Asintadu Villa Tun Teodoro Dungca St., Tamuning	487-7737	Staywell only, Self-pay Individual visits
Lenora Makela MS, RDN, LD, MIEP	Eat Right Guam	687-0111	Saturdays by appointment only Staywell, Netcare Aetna Gov Guam Eatrightguam@gmail.com
Podiatrists			
Teresa Damian Borja, DPM. Dustin Prins, DPM.	Marianas Foot Clinic 122 Tun Jose Toves Way Tamuning	649-3338	
Philip Tutnauer DPM	American Medical Clinic Tamuning 851 Governor Carlos G. Camacho Road Tamuning	647-8262	



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Podiatrists continued			
Melinda Sangalang DPM.	Island Foot Specialists Guam Medical Plaza Suite 212, 633 Gov Carlos G Camacho Rd, Tamuning	646-3375	
Noel Silan DPM.	Guam Foot Clinic 138 Kayen Chando Street, Dededo	633-3668	
Psychiatric Providers			
Renato Gahol MD Ariel Ismael MD Victor Perez MD	GBHWC 790 Gov. Camacho Road, Tamuning,	647-5345	
Mental Health Counselors			
Mary Fegurur, LCSW, IMFT	GBHWC 790 Gov. Camacho Road, Tamuning, Guam	647-5440	
Tricia Atoigue Lizama MSW, ACSW, IMFT	GCIC Building Suite 500Z 414 West Soledad Avenue Hagatna	488-5073	
Lisalinda Natividad PHD, LCSW	GCIC Building Suite 500Z 414 West Soledad Avenue Hagatna	777-7285	
Doris L.G. Tolentino MSW, MPH, IMFT	I Gima'Ta, Clinic 167 Leon Guerrero Dr. Tumon, Guam	646-5748	
Valerie Reyes IMFT, LPC, LMHC, LCSWe Specializes in drug and alcohol	GCIC Building Suite 500Z 414 West Soledad Avenue Hagatna	727-8533	Self-Pay
Tobacco Cessation			
DPHSS	GTPCP 123 Chalan Kareta, Mangilao	1-800-Quit-Now	
Janice Baldonado	GRMC 133 Biradan Anakko 3rd Street, Dededo	645-5688	One to one by appointment
Elizabeth A. Guerrero	DPHSS 123 Chalan Kareta, Mangilao	735-7303	
Stress Management			

DPHSS- Department of Public Health & Social Services AADE- American Association of Diabetes Education
 GBHWC- Guam Behavioral Health & Wellness Center GRMC - Guam Regional Medical City
 GTPCP- Guam Tobacco Prevention and Control Program

This was updated on 11/6/2020
 It will be updated when the pandemic restrictions are lifted